

Update: Community Rehabilitation under COVID-19 Alert Level 2



Thank you to all friends and family/whānau for your continued understanding whilst we have COVID 19 pandemic restrictions in place.

As most of New Zealand (except Auckland) moves to pandemic **alert level 2**, we continue consulting our DHB infection control experts and Ministry of Health representatives for guidance. Auckland will remain at alert level 4 and Telehealth is the only option for community rehabilitation in the Auckland region.

Auckland is at Level 4	Rest of New Zealand from Wednesday 8th September – Level 2
Telehealth only	Telehealth is the preferred option for continuing rehabilitation
No Auckland ABI community sites are open	ABI clinics will be open with limited staff and services being operated from the clinic site
No face to face at home or in clinic sessions	If deemed essential, face to face sessions can occur under these conditions: <ul style="list-style-type: none">• Your ABI clinician will be well• You will need to declare that you and your bubble are well, COVID free, have not been at a location of interest and are not awaiting test results• Masks will need to be worn• Physical distancing will take place where possible

It is important you inform us immediately should you experience any cold or flu like symptoms such as; sore throat, temperature, runny nose, cough or shortness of breath or if anyone in you come in contact with is diagnosed as suspected or confirmed COVID-19.

Thank you for your continued understanding as ABI is attempting to deliver rehabilitation services in the safest manner possible for you during this COVID-19 pandemic.